

PHA5025C: Personal and Professional Development 5

Fall 2023

0.5 Credit Hours – [Satisfactory/Unsatisfactory]

The purpose of this course is to track the personal and professional growth of individual students. This course is the fifth of nine sequential courses that serve as an anchor for the co-curriculum and home for tracking achievements of performance milestones. This course continues to expand on the 10 pharmacist attributes (problem solving/critical thinking, education, patient advocacy, cultural awareness, interprofessional collaboration, communication, self-awareness, leadership, innovation and entrepreneurship, and professionalism). This course focuses on development of an innovative and entrepreneurial mindset, self-awareness, and professionalism.

Teaching Partnership Leaders

- Lisa Miller, Pharm.D., BCPS
- Email: lisamiller@ufl.edu
- Office ORL UFRAC Office #422
- Office Hours: See Canvas course site
- See Appendix A. for Course Directory of Faculty and Staff Contact Information

Office Hours: Please see the Canvas course site for posted office hours

Entrustable Professional Activities

This course will prepare you to perform the following activities which the public entrusts a Pharmacist to perform:

Interprofessional Team Member Domain

6. Collaborate as a member of an interprofessional team.

Self-Development Domain

15. Create a written plan for continuous professional development.

Course-Level Objectives

Upon completion of this course, the student will be able to:

1. Establish goals for continuing professional development based on self-awareness in reflecting on personal development needs.

2. Embody professional attitudes, values, and behaviors across the curriculum that are expected of a pharmacist in daily practice, in the community, and within the pharmacy profession.
3. Demonstrate professional attitudes, values, and behaviors during co-curricular activities.

Course Pre-requisites

Completion of all Year 2 Pharm.D. program coursework including milestones.

Course Co-requisites

All Fall Semester Year 3 Pharm.D. program coursework

Course Outline

See Appendix. Please routinely check your campus calendar and the Canvas course site for any messages about changes in the schedule including meeting dates/times, deadlines, and room changes.

Required Textbooks/Readings

Required readings will be posted in Canvas.

Use [UF VPN to access UF Libraries Resources](#) when off-campus.

The UF HSC library staff can assist you with questions or issues related to accessing online library materials. For assistance contact your College of Pharmacy librarian or visit the [HSC Library Website](#) at this URL: <http://www.library.health.ufl.edu/>

Suggested Textbooks/Readings

Suggested readings will be posted on Canvas.

Other Required Learning Resources

None

Materials & Supplies Fees

None

Student Evaluation & Grading

Personal and Professional Development is a Satisfactory/Unsatisfactory course. A grade of satisfactory requires completion of all course activities and assignments, including milestones where appropriate. See Course Specific Policies section for additional details on late assignment policies.

Assessment Item	
Team contract	Satisfactory completion and submission to Canvas

Syllabus quiz	100%
Portfolio items <ul style="list-style-type: none"> • CPD fall assignment • Curriculum vitae (CV) 	Satisfactory completion and upload to CORE
Interprofessional Education <ul style="list-style-type: none"> • Opioid activity 	Attend and pass satisfactorily as determined by IPE program requirements
Team Evaluations	Complete by due dates in Appendix
Team debriefing assignments <ul style="list-style-type: none"> • Team debriefing individual assignment • Team debriefing team assignment 	Satisfactory completion and submission to Canvas
Career Coach activities <ul style="list-style-type: none"> • Career Coach meeting • Career Coach evaluation 	Meet by due date in Appendix Satisfactory completion by due date in Appendix
Co-curricular activities	Completion of 5 hours of approved activities by the due date in Appendix

Educational Technology Use

The following technology below will be used during the course and the student must have the appropriate technology and software.

1. ExamSoft™ Testing Platform
2. Canvas™ Learning Management System
3. CORE
4. Qualtrics®
5. PharmAcademic™

For technical support, navigate to [Educational Technology and IT Support Contact Information](#) at this URL: <http://curriculum.pharmacy.ufl.edu/current-students/technical-help/>

Artificial Intelligence Use

The use of artificial intelligence (AI) text generators such as ChatGPT on assignments, projects, quizzes, and exams is prohibited in this course. Use of AI text generators is considered evidence of academic dishonesty. If a student is uncertain about the use of AI technology, it is the student's responsibility to ask the instructor prior to beginning the assignment or assessment.

Pharm.D. Course Policies

The Policies in the following link apply to this course. Review the General [Pharm.D. Course Policies](#) carefully, at this URL: <http://curriculum.pharmacy.ufl.edu/current-students/course-policies/>

Course-Specific Policies

PPD Quiz Policy

- Students must earn a score of 80% or higher on each quiz. Students will be given 2 attempts to complete the quiz to earn the passing score. The score that is the higher of the 2 attempts will be used to calculate the students course grade
- If the passing score is not earned on the second attempt, a makeup assignment will be required for a student to complete to demonstrate competence in the content area.

Makeup Assignments

Makeup assignments may be required for excused absences from all Active Learning Sessions. Students will be required to complete the makeup assignment within one week of the missed session.

Late Assignments

- All assignments are due by the date and time specified in the syllabus.
- 3 or more late assignments will incur a Professionalism Lapse that will count towards the steps in the Professionalism Advisement Plan and a referral to the Professionalism Committee. The exception to this rule is Team Evaluations; failure to complete Team Evaluations by the due date will result in a Professionalism Lapse.
- Late assignments will be subject to a make up assignment in addition to required submission of the original assignment. The make up assignment will be sent approximately one month before the end of the course. Students failing to submit both the original and make up and assignments by the specified due date will receive an Incomplete grade in the course.

Accessibility and Belonging Statement

The University of Florida College of Pharmacy strives to stimulate a culture that promotes diversity and inclusion within an exceptional community of students, faculty, and staff. It is our intent that students from all diverse backgrounds and perspectives be well served by this course, that students' learning needs be addressed both in and out of class, and that the diversity that students bring to this class be viewed as a resource, strength, and benefit.

We intend to present materials and activities that are respectful of diversity: gender, sexuality, disability, age, socioeconomic status, ethnicity, race, and culture. Your suggestions are encouraged and appreciated. Please let us know ways to improve the course's effectiveness for you personally or for other students or student groups.

If any of our class meetings conflict with any of your religious events, an excused absence will be provided when requested using the standard UF COP process as detailed in the [UF COP Course policies](#).

If you feel that you have experienced or witnessed any bias/treatment that falls short of these expectations, you may submit a report through the UF [COP Student Mistreatment Report](#).

Course Evaluation Process

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

Appendix A. Course Directory

Teaching Partnership Leader/Course Director(s):

Lisa Miller, Pharm.D., BCPS

- Email: lisamiller@ufl.edu
- Office: ORL UFRAC Office 422
- Phone: 407-313-7005

Office Hours: Please see the Canvas course site for posted office hours

Questions to Ask:

- Concerns about performance
- Guidance when there are performance problems (failing grades)
- General questions about content

Other Teaching Partnership Faculty Members:

Priti Patel, PharmD,

- Email: ppatel@cop.ufl.edu
- Office: remote

Co-Curriculum Program Specialist:

Jerelle Singleton

- Email: jerelle@ufl.edu
- Office: HPNP G235
- Phone: 352 – 273 - 5307

Instructional Designer:

Skylar Johnson, M.A.

- Email: skylarjohnson@cop.ufl.edu
- Phone: 352 – 273 - 5719

Academic Coordinator Gainesville Campus:

Ashleigh Langford

- Email: lynn5897@cop.ufl.edu
- Office: HPNP 4312
- Phone: 352 – 273 6002

[Absent Request Ticket 3PD](#)

Educational Coordinators

Katie Orben

- Email: korben06@ufl.edu
- Office: Jacksonville Campus

Jessica Linares

- Email: jnoriegalinares@ufl.edu
- Office: Orlando Campus
- Phone: 407 – 313 - 4087

Questions to Ask:

- Issues related to course policies (absences, make up exams, missed attendance)
- Absence/tardy requests (Only the Academic Coordinator handles absence requests)
- Questions about dates, deadlines, meeting place
- Availability of handouts and other course materials
- Assignment directions
- Questions about grade entries in gradebook (missing grades, incorrect grade)
- Assistance with ExamSoft® (Distance campus students may contact the Educational Coordinator for use of Examplify and assistance during exams. The Academic Coordinator is the contact person for issues related to grading and posting of ExamSoft grades.)

Appendix B: Course Outline

Date / Time [Recommended for Independent Study]	Mod #	Activity	Activity Title	Contact Time (hr)	Responsible
	1	Module	Module 01: Introduction to Year 3 of Personal and Professional Development		Lisa Miller
08/23/23	1.1	Lecture Video	Watch: Course Introduction Video	0.5	Lisa Miller
08/23/23		Video Other	Watch: TED Talk: Eduardo Briceno: How to get better at the things you care about	0.25	Lisa Miller
08/23/23		Video Other	Watch: TED Talk: Steven Johnson: Where good ideas come from	0.25	Lisa Miller
08/23/23		Video Other	Watch: TED Talk: Joi Ito: Want to innovate? Become a "now-ist"	0.25	Lisa Miller
08/23/23		Video Other	Watch: TED Talk: Stefan Sagmeister: The power of time off	0.25	Lisa Miller
08/25/23 at 11:59pm		Assignment (Graded)	Assignment: Submit Team Contract into Canvas course site. Only 1 person from team needs to upload the document.		Lisa Miller
08/25/23 at 11:59pm		Assignment (Graded)	Assignment: Complete Syllabus Agreement (Canvas)		Lisa Miller
	2	Module	Module 2: Career Development		
09/15/23 at 11:59pm		Assignment (Graded)	Assignment Due: Career Planning; CPD Assignment: Submit Cycle 2 Reflect/Plan (CORE)		Priti Patel
9/20/23 @ 10am-12pm		Active Learning Session	Career Panel	1	Anthony Casapao
	3	Module	Module 03: Team Debriefing & CV Workshop		Anthony Casapao, Lisa Miller
10/09/23 at 11:59pm		Assignment (Graded)	Assignment: Team Evaluations (Mid-Fall)		Priti Patel
10/02/23 at 12pm-2pm		Active Learning Session -- Zoom	Opioid IPE Activity (Zoom)	1	Karen Whalen
10/16/23		Video Other	Watch: TED talk – Celeste Headlee: 10 ways to have a better conversation	0.25	Lisa Miller
10/16/23		Video Other	Watch: TED talk – Kathryn Schulz: on being wrong	0.25	Lisa Miller
10/16/23		Video Other	Watch: TED talk – Julian Treasure: 5 ways to listen better	0.25	Lisa Miller
10/16/23		Video Other	Watch: TED talk – Margaret Heffernan: Dare to disagree	0.25	Lisa Miller
10/23/23 at 2pm		Assignment (Graded)	Assignment: Team Debriefing Individual Assignment (Canvas)		Lisa Miller
10/23/23 @ 3pm-4:30pm		Active Learning Session	Team Debriefing and CV Workshop	1	Anthony Casapao, Lisa Miller

Date / Time [Recommended for Independent Study]	Mod #	Activity	Activity Title	Contact Time (hr)	Responsible
10/23/23 at 5:30pm		Assignment (Graded)	Assignment: Team Debriefing Team Assignment (Canvas)		Lisa Miller
10/30/23 at 11:59pm		Assignment (Graded)	Assignment Due: Updated CV (CORE)		Anthony Casapao
10/31/23 at 11:59pm		Assignment (Graded)	Assignment: Meet face-to-face or via video chat with Career Coach by this date.		Priti Patel
10/31/23 at 11:59pm		Assignment (Graded)	Assignment: Complete Career Coach Evaluation (CORE)		Priti Patel
11/17/23 at 11:59pm		Assignment (Graded)	Assignment: Team Evaluations (End-Fall)		Priti Patel
11/17/23 at 11:59pm		Assignment (Graded)	Submit Co-Curricular Activities (5 hours)		Priti Patel
				5.5	Total Contact Time

Appendix C: Career Coach Evaluation

Self-Awareness: How would you rate the student's level of self-awareness? (We define self-awareness as being able to examine and reflect on personal knowledge, skills, abilities, beliefs, biases, motivation, and emotions that could enhance or limit personal and professional growth)

Level 1	Level 2	Level 3	Level 4	Level 5
With extensive coaching , the student does NOT meet the definition of self-awareness.	With extensive coaching , the student is able to meet the definition of self-awareness.	With moderate coaching , the student is able to meet the definition of self-awareness.	With minimal coaching , the student meets the definition of self-awareness.	With no coaching , the student independently meets the definition of self-awareness.

Self-Improvement: Please rate the student's ability to identify areas of self-improvement

Needs Improvement	Meets Expectations	Exceeds Expectations
The student has not yet identified his/her strengths and areas for improvement	The student has thoughtfully identified strengths and areas for improvement.	The student has thoughtfully identified strengths and areas for improvement and has specific plans in place to work on these areas.

Professionalism: How would you rate the student's level of professionalism? (We define professionalism as being able to exhibit behaviors and values that are consistent with the trust given to the profession by patients, other healthcare providers, and society.)

Level 1	Level 2	Level 3	Level 4	Level 5
With extensive coaching , the student does NOT meet the definition of professionalism.	With extensive coaching , the student meets the definition of professionalism.	With moderate coaching , the student meets the definition of professionalism.	With minimal coaching , the student meets the definition of professionalism.	With no coaching , the student independently meets the definition of professionalism.

Career Planning: To what extent has the student established a career path?

Not defined	Somewhat defined	Defined
The student is undecided about his/her career area in pharmacy.	The student is somewhat sure about the type of pharmacy practice he/she desires. They can state a desired future career path, but is contemplating multiple career options.	The student has clearly identified a future career path/area of pharmacy practice.

Career Planning & Continuing Professional Development: How would you rate the student's ability to establish personal goals as part of CPD?

Level 1	Level 2	Level 3	Level 4	Level 5
With extensive coaching , the student is NOT able to establish appropriate goals.	With extensive coaching , the student is able to establish appropriate goals.	With moderate coaching , the student is able to establish appropriate goals.	With minimal coaching , the student is able to establish appropriate goals.	With no coaching , the student independently established appropriate goals

Goals: Did the student write their short- and long- term goals in the SMART format?	Yes	No
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